



Heritage Woods
of Flora



Seniors Special Breakfast

7-9am Thursday, July 21

Free Sausage, Gravy & Biscuits

The Best Coffee in Town

8:30am Dr. Jason Jerabek

“Healthy Aging - Avoiding Frailty”

**Senior Breakfast
At Heritage Woods
Special Day
Thursday, July 21
Special Guest Speaker
8:30am**

**Dr. Jason Jerabek, DO
Clay County Hospital
Clay City Clinic**



Dr. Jerabek

A doctor of Osteopathic Medicine,
Dr. Jerabek promotes functional medicine
and has a special interest in Geriatrics.

